



# IZZY'S *Healthy* Catering

5601 Ranch Dr.  
Little Rock, Arkansas 72223  
501-868-4311



*For Best Service, Please call at least 24 hours in advance.*

Trying to figure out what to order can be difficult, especially if you are not familiar with our menu. We have put together a few of our most popular catering packages to make things a bit easier. We have a formula that we use to insure that enough food is provided for all of your people, but not too much. Healthy, easy and convenient.

## Combination Suggestions

*All amounts will be tailored to fit your needs.*

### Hot Tamales and House Salad

*Our most popular*

Beef Tamales  
Veggie Tamales  
Salsa  
Cheese Dip  
Chili  
Corn Chips  
House Salad  
Salad Dressings & Crackers  
Setups (Plates, forks, napkins)  
Tea and or Lemonade, Ice

### Hot Tamales and Chicken Izzabella Salad

*A step up*

Beef Tamales  
Veggie Tamales  
Salsa  
Cheese Dip  
Chili  
Corn Chips  
Chicken Izzabella Salad  
Salad Dressings, Bread & Garlic Butter  
Setups (Plates, forks, napkins)  
Tea and or Lemonade, Ice

### Hot Tamales and Sandwich Platter

*when you have a hungry bunch*

Beef Tamales  
Veggie Tamales  
Salsa  
Cheese Dip  
Chili  
Corn Chips  
Tray Mix of our Cold Sandwiches  
Setups (Plates, forks, napkins)  
Tea and or Lemonade, Ice

### Spaghetti and House Salad

*on a budget*

Our Famous Spaghetti w/ Meat Sauce  
House Salad w/ Dressings  
Bread & Garlic Butter  
Setups (Plates, forks, napkins)  
Tea and or Lemonade, Ice

#### Extras:

**Lemon Ice Box Pie, Chocolate Fudge Nut Pie, Raspberry Cream Pie & Bread Pudding**

1 pie = 16 people

**Fresh Baked Cookies (Chocolate Chip, Oatmeal, Sugar)**



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**GF = Gluten Free**

**VG = Vegan**

## Per Serving Prices

### HOT TAMALES: **GF**

**BEEF** or **VEGGIE VG** \$2.59 each

Hand rolled in corn shucks

HOT in an insulated container

### EXTRAS:

**GF** Salsa: \$5.75 pint \$40 gallon

**GF** Cheese Dip \$8.25 pint \$60 gallon

**GF** Chili \$6.99 pint \$52 gallon

**GF** Guacamole \$10.29 (12 oz.)

**GF** Chips: Corn or Potato (lrg bag) \$3.99

### CHICKEN QUESADILLAS:

Grilled Chicken, cheese, black beans & spices

*cut into 8 pieces* \$10.00

**SOUR CREAM:** 12.oz \$5.00

**SOUP:** \$6.50 pint \$45 gallon

Tomato Basil **GF**

Potato Soup **GF**

Mexican Vegetable **VG**

Tortilla Soup - **GALLON ONLY** \$70 gallon

### SANDWICHES: *Gluten Free Bread Available upon request*

**Nutty Bird:** (*famous for 25 years*) \$7.00

Sliced Turkey breast, cream cheese, sunflower nuts, leaf lettuce, tomato, Miracle Whip, on natural grain.

**Old Fashioned Chicken Salad:** \$7.00

Fresh made chicken salad, leaf lettuce, tomato, on natural grain

**Grilled Chicken Breast:** \$7.45

Chicken Breast, leaf lettuce, tomato, Dijon Honey Mustard, on a sesame seed bun

**Corned Beef:** \$8.00

Sliced corn beef, leaf lettuce, Dijon Honey Mustard, on rye.

### PASTA: (*bread & garlic butter included*)

**Italian Sausage Lasagna:** **24 hour notice REQUIRED**

Serves 10 \$60.00

**Spaghetti: Meat Sauce \$8.25 or Marinara \$7.25 VG**

Layered over steaming linguini

### SALADS:

**IZZY'S House:** \$2.99 per person

Fresh mixed lettuce, tomato, purple onions, green peppers, mozzarella cheese.

Crackers & dressing

**Chicken Izzabella:** \$3.75 per person

Grilled Chicken, mixed lettuce, sprinkled with almonds, sesame seeds, and mandarine oranges.

Bread, garlic butter & dressing

**Chicken Chef:** \$3.99 per person

Grilled chicken breast, mixed lettuce, mozzarella cheese, tomatoes, cucumbers, sunflower nuts, purple onions. Crackers & dressing

**San Francisco Slug:** \$4.25 per person

Mandarin Oranges (the oranges are the "slugs") cucumber, mixed lettuce, tomato, almonds, goat cheese, with Balsamic Honey dressing & crackers

**Fruit Salad:** \$2.99 per person

Fresh fruit and melon mix with IZZY'S yogurt poppy seed dressing. Crackers included.

**Strawberry Spinach Salad:** *\*\*when in season\*\** \$4.59 per person

*Many of our dressing are Gluten Free & Vegan*

**DESSERTS: 7 or 14 Slices** \$22 each

**Lemon Ice Box Pie** (IZZY'S Famous)

**Chocolate Fudge Nut Pie** (24 hour notice)

**Bread Pudding** (24 hour notice)

**Raspberry Cream Pie** (24 hour notice)

**Cookies:** Chocolate Chip, Sugar, Oatmeal Raisin

.75 each

### ICED TEA or LEMONADE:

Includes ice, cups, lemons & sweeteners

1 Gallon serves 10 people \$9.00

### SET UPS:

Forks, spoons, knives, plates, napkins .75 per person

**ICE CHEST:** \$6

### DELIVERY:

**\*\*Delivery ONLY AVAILABLE 10am-4pm Mon-Fri**

**24 hour notice PLEASE**

\$40-\$50 for Little Rock & North Little Rock

Please call for other areas